

## New lífe ín Canada

From July 25th this year, my life in Japan (Fukushima) stopped, and a new one in Canada (Quebec) has just began. This is a big change in my life. Moving from Fukushima, my home for nearly 7 years, to Quebec, many thousands of miles away, was not so easy both emotionally and physically. So far away from my colleagues, friends and from my usual surroundings but so close to my family.

Upon my arrival, I was warmly welcomed by my family and friends with whom I am having very good time! From now on, I will be going through a lot of paperworks before I start my Epidemiology training at Mcgill University. I am looking forward to facing new challenges with a very positive frame of mind.

Ngoma A

